



Instruction for use Posturedeo®

Congratulations!

**You are now the owner of Posturedeo, a product “made in Germany”.
This sports tool was produced in compliance with valid EU norms. It is free of
forbidden phthalates and heavy metals.**

Enhancing and supporting posture, coordination and strength after injuries or at orthopedic indications. Stabilize and mobilize. The new Posturedeo by TOGU enable you to exercise on a instable surface which is special due to its air filled device in between of two wooden plates. Small movements of the body are transferred to the Posturedeo and back to the body. This feedback can be used in all stabilization training and therapy programs.

Integrated optical position indicating device for therapists to control posture and movements of the patient. The level of instability can be adjusted easily and infinitely variable by the included ball pump. The large plate allows the user to train in early all standing and lying positions on the Posturedeo.

Equipment details:

The Posturedeo is made of high grade Ruten with a needle valve, glued plate made of birch wood and precious wood veneer. You can adjust the level of difficult through the little screwing device. Then more the screwing devices is rotated downward, then easier the application for the patient is.

Size: ca. 67 x 72 x 13 cm
Weight: ca. 9.500 g
Max. Load: 200 kg

Care:

Use water or mild standard detergents and disinfectants for cleaning the ball cushion. Dis-solvers as well as acidic or corrosive cleansers can harm the material. Please clean the wooden plate only with standard wood detergents. Posturedeo always store dry.

How to inflate:

The air filling of Posturedeo can be regulated by using the TOGU ball pump. Available as spare part in retail.

Therefore the Posturedeo is equipped with a needle valve.

Please perform changes to the air pressure inside Posturedeo (inflation or bleeding) only, when the Posturedeo has room temperature and add at the most as much air, as is necessary to make the surface level. Always moisten the needle before carefully inserting into the needle valve.

Please note whilst pumping that the diameter of the ball cushion **shall not** be higher than 13 cm, otherwise the ball deforms.

