



Pendel® Ball Usage and Care Instructions

Congratulations on your purchase of the Pendel® Ball.

Having purchased the Pendel® Ball or the Pendel® Ball of the actisan® studio line, you have chosen a TOGU® branded product which is "Made in Germany"!

This sports tool was produced in compliance with valid EU norms. It is free of forbidden phthalates and heavy metals.

Pendel Ball - the new ball for fitness and therapy: it is guaranteed safe and does not roll off. The Pendel Balls are ideal training and therapy partners in the field of functional spine gymnastics, balance and coordination training as well as for fitness and workout. They are now available in two sizes. Pendel Balls are jumping, resilient and absolutely safe. Due to the oval shape they are not rolling away and are very versatile.

Apparatus data:

The Pendel Ball is made of high-quality Rulon and is fitted with an inflation valve. On one side of the Pendel Ball the surface is covered with the tried and tested Senso raised nodules while the other side has a velvety soft surface.

Load capacity for both sizes: approx. 1000 kg (burst proof up to 250 kg)

Thermal stability:

The Pendel Ball is UV-resistant and also heat-resistant to a limited degree. The Pendel Ball can easily withstand temperatures of up to 45°C. However, the Pendel Ball should be kept out of direct sunlight (e.g. do not store in the window). The material softens as it gets warmer.

The Pendel Ball is also resistant to cold, but should nevertheless not be stored at temperatures below -10°C. The material hardens as it gets colder.

Inflation:

Please use a standard pump for inflation valves (e.g. air-bed pump) and do not exceed the maximum height of approx. 55-70 cm when inflating the Pendel Ball and Pendel Ball actisan, or 45-55 cm when inflating the Pendel ball light actisan.

Care:

Any mild standard cleaning agents and disinfectants can be used to clean the Pendel Ball. Solvent-based, acidic or caustic cleaners will damage the material. Pendel Balls of the actisan Studio Line are waterproof. It is not necessary to disinfect the Pendel Balls of the actisan Studio Line.

Due to the antimicrobial effect lasting for at least 5 years, actisan products are exempt from the 30 year warranty.

How does actisan work?

Antimicrobial plastics have been used for some time in the medical branch and in hospitals. The secret: Actisan is included in the plastic devices which is highly effective against viruses and bacteria on an ionic basis. Safe for humans, it continuously generates ions. These attack the metabolic systems of harmful organisms. The special feature of actisan: It is not only antibacterial, but antimicrobial, and therefore not only effective against bacteria but also against viruses. Thus it is much more efficient than conventional disinfectants and maintains its full effect for a period of five years. The antibacterial effect was confirmed by the TÜV in October 2011 and the product has been awarded the seal "hygiene TÜV tested" excellent.

