



Usage and Care Instructions Dynair® Ballkissen XXL

Congratulations on your purchase of the Dynair® Ballkissen XXL Extreme.

Having purchased the Dynair® Ballkissen XXL you have chosen a TOGU® branded product which is "Made in Germany"!

It is made in conformity with the applicable EU regulations for sports equipment and is free of banned phthalates and heavy metals.

Sit down and let your posture be adjusted automatically to a healthy and pleasant position!

Its diameter of approx. 50 cm makes it ideal as a cushion and meditation seat.

Gentle vibrations are absorbed by the cushion immediately and delivered to the spinal column.

Therefore little compensating movements need to be made all the time, and a supposedly restful sitting position becomes a challenge for the deep musculature of the spinal column and trunk.

It is also excellent for spinal column exercises and exercises to improve trunk stability lying on your stomach and on your back.

Like all Dynair ball cushions it has the tried and tested Senso raised nodules on one side and is velvety soft on the other side.

This makes the Dynair Ballkissen XXL ideal for use as a therapy cushion.

Apparatus data:

The Dynair Ballkissen XXL is made from high-quality Ruton and has an inflation valve.

Diameter: approx. 50 cm

Load capacity: approx. 200 kg

Thermal stability:

The Dynair Ballkissen XXL is UV-resistant and also heat-resistant to a limited degree. The Dynair Ballkissen XXL can easily withstand temperatures of up to 45°C. However, the Ballkissen XXL should be kept out of direct sunlight (e.g. do not store in the window). The material softens as it gets warmer. The Dynair Ballkissen XXL is also resistant to cold, but should nevertheless not be stored at temperatures below -10°C. The material hardens as it gets colder.

Care:

Any mild standard cleaning agents and disinfectants can be used to clean the Dynair Ballkissen XXL. Solvent-based, acidic or caustic cleaners will damage the material. The Dynair Ballkissen XXL is waterproof.

Inflation:

The Dynair Ballkissen XXL leaves the factory and is supplied with the correct level of inflation. Should you wish to add some air at a later date, however, then please use a standard pump for inflation valves (e.g. air-bed pump).

Storage:

Please do not store your Dynair Ballkissen XXL upright.

