

Manual and maintenance instructions TOGU Brasil

Congratulations on your purchase of the Brasil.

With the Brasil you have chosen a TOGU brand product made in Germany. It was produced as a sports device in compliance with valid EU norms and contains no forbidden phthalates and no heavy metals.

Brasil workout is a new body-styling workout with the requirements of an effective abdomen, leg and backside training, as well as a modern back and health training which is also entertaining and fun. This can be achieved only by activating deep muscles.

In order to reach these muscles a different kind of training with new training tools is necessary. Scientific research shows, that in particular the deep muscle layers are forming and protecting our body.

Application:

- Deep muscle training appliance for your health and body shape
- tight body tissue and preventive back training through minimal moving amplitude
- uncomplicated and effective training
- easy on your joints due to the light weight of the Brasil
- handy and comfortable because of compact size, form and its knobs
- the smart fill of the Brasil ensures a well-directed feedback on every move
- relax, release and soothe
- an ideal companion due to its light weight and compact size
- a real multi-purpose tool
- more fun and motivation during training

Equipment details:

The Brasil are made of high quality Ruton and equipped with an intelligent filling of air and weight (2 x 270gr), which give you a target movement feedback.

Temperature resistance:

The Brasil are resistant against ultraviolet rays and heat. They can be used in temperatures up to 45°C. Please do not store them permanently exposed to direct sunlight (e.g. near a window). The material becomes softer with increasing heat, therefore accelerating the building up of the saddle effect. This tool also resists below freezing temperatures, however they should not be stored in temperatures below -10°C permanently.

Care:

Use any mild standard detergents and disinfectants. Dissolvers as well as acidic or corrosive cleansers can harm the material. The Brasil are waterproof. Please avoid contact with sharp or sharp-edged objects.