



TOGU Blackroll Set usage and care instructions

Congratulations on your purchase of the TOGU Blackroll Set.

Having purchased the TOGU Blackroll Set you have chosen a TOGU® branded products which are “made in Germany”!
The items are made in conformity with the applicable EU regulations for sports equipment and are free of banned phthalates and heavy metals.

The TOGU Blackroll Set is the ideal regeneration tool for self-massages and for solving Myofascia (tissue cover of muscles and muscles groups).

There are further advantages and fields of application:

- Active regeneration with improved blood circulation.
- Trigger-zone treatment in case of tension caused by daily stress or excessive sport.
- Simply self-massages – ideal warm up before and regeneration after sport.

Set content:

2x TOGU Blackroll

Size: ca. 30 x 15 cm
Weight: ca. 150 g
Color: anthracite
Material: PP

2x TOGU Blackroll Ball

Size: 1x 8cm Ø und 1x 12cm Ø
Weight: ca. 80 g
Color: anthracite
Material: PP

1x TOGU Blackroll mini

Size: ca, 15cm
Weight: ca. 80 g
Color: anthracite
Material: PP

Care:

Any mild standard cleaning agents and disinfectants can be used to clean the TOGU Blackroll Set. Solvent-based, acidic or caustic cleaners will damage the material.

