

Pendel[®] Ball actisan[®] and Pendel[®] Ball light actisan[®] Usage and Care Instructions

Congratulations on your purchase of the Pendel® Ball actisan® and Pendel® Ball light actisan®.

Having purchased the Pendel[®] Ball actisan[®] or Pendel[®] Ball light you have chosen a TOGU[®] branded product which is "Made in Germany"!

It is made in conformity with the applicable EU regulations for sports equipment, it contains no heavy metals and is made of 100% recyclable plastic.

Absolutely safe and hygienic inflatable tool for training and fitness. What makes the Pendel Ball actisan, exceptional is its oval form. This leads to a great advantage during full body training, because the Pendel Ball actisan®, Pendel Ball light actisan won't roll away. A wide array of applications becomes possible e. g. Coordination, balance, functional spinal training and fitness training.

How actisan works?

The secret: Actisan is an ingredient for the synthetic material used for the tools and highly effective against bacteria and other microorganisms on an ionic basis. It is constantly building up ions which are harmless for humans. These ions are attacking only the metabolism of the harmful organisms. What is remarkable about Actisan: It is antibacterial as well as antimicrobial and destroys bacteria and other microorganisms at the same time. Therefore, it is much more efficient than the usual wipe off disinfection and this effect lasts for at least five years.

Apparatus data:

The Pendel Ball actisan and Pendel Ball light are made of high-quality Ruton and is fitted with an inflation valve. On one side of the Pendel Ball actisan and Pendel Ball light the surface is covered with the tried and tested Senso raised nodules while the other side has a velvety soft surface.

Pendel Ball: approx. 55 - 70 cm height, approx. 80 cm \varnothing Pendel Ball light: approx. 45 - 55 cm height, approx. 60 cm \varnothing Load capacity of both: approx. 1000 kg (up to 250 kg burst proof)

Thermal stability:

The Pendel Ball actisan and Pendel Ball light are UV-resistant and also heat-resistant to a limited degree. The Pendel Ball actisan and Pendel Ball light can easily withstand temperatures of up to 45°C. However, the Pendel Ball actisan and Pendel Ball light should be kept out of direct sunlight (e.g. do not store in the window). The material softens as it gets warmer.

The Pendel Ball actisan and Pendel Ball light is also resistant to cold, but should nevertheless not be stored at temperatures below -10°C. The material hardens as it gets colder.

Care:

Any mild standard cleaning agents and disinfectants can be used to clean the Pendel Ball actisan and Pendel Ball light. Solvent-based, acidic or caustic cleaners will damage the material. The Pendel Ball actisan and Pendel Ball light are waterproof.

Inflation:

Please use a standard pump for inflation valves (e.g. air-bed pump) and do not exceed the maximum height of approx. 55-70 cm / 45-55 cm when inflating the Pendel Ball actisan and Pendel Ball light.

